CHANGING THE TRAJECTORY OF COMMUNITY HEALTH

Matching Funds Can Double Your Donation
By Ross Brooks, Chief Executive Officer

At Mountain Family Health Centers, we believe access to affordable health care is a basic human right, not a privilege. Our recently opened Basalt Integrated Health Center ensures Roaring Fork Valley residents and workers have access to high-quality, integrated, primary medical, behavioral and dental health care, regardless of one’s insurance status or ability to pay. As a community, we ask for your support of this important asset.

In January 2019, we relocated and expanded our Basalt health center to a new, 9,000 square foot state-of-the-art facility located at 123 Emma Road, right off Highway 82 and next to a Roaring Fork Transportation Authority (RFTA) bus stop. At this new clinic, you can see your doctor, dentist and mental health professional at one location. Mountain Family’s health care professionals work with you as a team, ensuring all your health and wellness needs are addressed in a holistic manner.
SUPPORT MOUNTAIN FAMILY ON AMazon PRIME Day
AmazonSmile Donates for Every Purchase

Amazon Prime Day is two full days this month: Monday, July 15th and Tuesday, July 16th. As you shop for deals, please consider choosing Mountain Family as your Amazon Smile nonprofit. Amazon Smile donates to Mountain Family when you shop via this link: https://smile.amazon.com/

INTRODUCING HEALTH SOLUTIONS
A New Health Care Option for Employers

Mountain Family Health Centers is committed to bringing quality, accessible and affordable health care to the communities we serve. We are excited to introduce Health Solutions, a new program at Mountain Family for employers to consider for their workforce. Health Solutions is a membership program built within Mountain Family offering access to our primary medical, dental and behavioral health services. No co-pays, no deductibles, access to care as needed. A monthly membership fee is all the employer pays for each employee and/or dependents.

Why consider Health Solutions?

- Employers who are not able to offer health care benefits to their employees due to cost. Health Solutions offers an option for employers large and small.
- Seasonal or part-time employees who may not be eligible for employer-offered health benefits. Health Solutions provides an affordable primary care option.
- Employee's dependents where costs may not be affordable. Health Solutions provides an option for dependents.

CLIMB@DU HONORS MOUNTAIN FAMILY
Helping Students Prepare for a Career in Behavioral Health

Mountain Family Health Centers was honored last month by the CLIMB@DU program with the University of Denver. CLIMB@DU is a collaboration by DU's Graduate School of Social Work and the Butler Institute for Families and aims to increase the social work workforce in integrated behavioral health (IBH) services that serve certain rural communities in Colorado and the Four Corners.

DATA DOCTOR: MAKING ELECTRONIC HEALTH RECORDS HELPFUL

Mountain Family Tackles Two Common Problems
By Dr. Chris Tonozzi, MD, Director of Data Quality

Mountain Family Health Centers did a major upgrade to our Electronic Health Record (EHR) system last month. We spent two half-days in training and slowed our schedules for two weeks so that we had time to adapt to the changes that the upgrade will bring. There are significant impacts that caused me to think of the overall impact of electronic health records on the practice of medicine.
CONSTRUCTION IN EDWARDS
Plan for Traffic Delays

If you have an appointment at our Edwards Integrated Health Center, it may take longer to get to our location. Construction in Edwards is causing delays south of the I-70 bridge at exit 163 (Beard Creek Road and Edwards Access Road) as well as further south on Highway 6. As of early July, the ECO Transit bus stops are not affected, but Eagle County has said that ECO Transit bus routes will be "monitored and adjusted as construction progresses." For more information and assistance with trip planning, visit www.eaglecounty.us/transit or call 970-328-3520.

More

CONSTRUCCIÓN EN EDWARDS
Plan Para Retrasos de Tráfico

Si tiene una cita en nuestra clínica de Edwards, puede tardar más en llegar a nuestra ubicación. La construcción en Edwards está causando retrasos al sur del puente I-70 en la salida 163 (Beard Creek Road y Edwards Access Road), así como más al sur en la autopista 6. A principios de julio, las paradas de autobuses de ECO Transit no se ven afectadas, pero Condado de Eagle ha dicho que las rutas de autobuses de ECO Transit serán "monitoreadas y ajustadas a medida que avanza la construcción". Para obtener más información y asistencia con la planificación del viaje, visite www.eaglecounty.us/transit o llame al 970-328-3520.

More

SUPPORTING OUR COMMUNITY
Mountain Family Underwrites COPA, Popular Radio Show

Mountain Family is excited to underwrite the award-winning radio program Charlando con Crystal. The popular show is hosted and produced by Crystal Mariscal and broadcast by KDNK in the Roaring Fork Valley on Wednesdays and Fridays at 5am.

We’re also thrilled to support Steadman Clinic COPA, the summer soccer program for over 700 kids. Games are held on Sundays at Freedom Park in Edwards and Eagle County Fairgrounds through August 11th.

More

LIVING YOUR BEST (HEALTHY) LIFE
July Health Tip: Yoga Can Help with COPD

Did you know that yoga can improve physical ability and quality of life for people with chronic obstructive pulmonary disease (COPD)? Yoga can help improve blood pressure and anxiety, too. Click here to learn more. We appreciated the excellent yoga class taught by our Quality Officer Kaitlyn McGovern earlier this summer at our Rifle Integrated Health Center.
STEPS TOWARDS BETTER BEHAVIORAL HEALTH IN EAGLE COUNTY
Katz Amsterdam Foundation & Eagle County Behavioral Health

Mountain Family Health Centers would like to congratulate Chris Lindley on becoming the Executive Director of the new nonprofit Eagle County Behavioral Health. Chris was previously Director of Eagle County Public Health.

A range of organizations and government offices are working to address a behavioral health crisis in Eagle County, where seventeen people died by suicide in 2018.

One of those organizations working to improve services is the Katz Amsterdam Foundation. The Foundation was founded in 2018 to address behavioral health in communities where Vail Resorts operates.

WHAT WE'RE READING & IN THE NEWS
Praise for Expanding Opioid Use Disorder Treatment

Mountain Family Health Centers was highlighted by the Opioid Response Network (STR-TA) for adding medication-assisted treatment (MAT) for patients with an opioid use disorder. The network helped Mountain Family establish how to offer the new treatment. Behavioral Health Provider Oyen Hoffman was interviewed about having a new way to treat opioid use disorders: "We all will feel as if we are a part of the solution and, quite literally, saving lives by preventing and reducing overdose deaths in our area." You can read more about Mountain Family's efforts to address opioid use disorder here, here, and here.

The Commonwealth Fund released a new State Health System Scorecard, which finds deaths from suicide, alcohol, and drugs hit an all-time high. Overall, Colorado ranks 9th in the nation.

JULY 2019 MARIPOSA AWARD
Alondra Bustillos Is This Month’s Winner

Congratulations to Alondra Bustillos for winning the July 2019 Mariposa Award. Alondra is a Dental Assistant at our Rifle Integrated Health Center and was nominated by Dr. Audrey Fisher, Dental Assistant Cristal Otero-Chavez, Dr. Sanju Basi, and Front Desk Supervisor Mayra Sanchez.

JULY 2019 EXEMPLARY CARE AWARD
Congratulations to Diane Purse

The winner of the July 2019 Exemplary Care Award is Family Nurse Practitioner Diane Purse. Diane sees patients at our Edwards Integrated Health Center.