GRAND OPENING FOR OUR NEW BASALT INTEGRATED HEALTH CENTER

Now Able to Serve 3,700 Patients
By Garry Schalla, Development Director

Mountain Family Health Centers celebrated the grand opening of our new Basalt Integrated Health Center on Monday. Joined by partner organizations and supporters, our leadership and staff cut a ceremonial ribbon and officially welcomed the community to our newest location with medical, dental, and behavioral health services offered under one roof. The Basalt Integrated Health Center will allow Mountain Family to...
significantly increase the number of patients receiving care in the Roaring Fork Valley, from 2,200 to 3,700.

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HEALTH COVERAGE GUIDES SAY DON'T MISS JANUARY 15TH DEADLINE
We Can Help You Enroll In an Health Insurance Plan
By Silvia Santana, Mountain Family Outreach and Enrollment Manager

Tuesday, January 15th at midnight is the deadline for Coloradans to choose a health insurance plan for 2019 without a special enrollment window. Mountain Family Health Centers urges you to not miss this deadline. Mountain Family has Health Coverage Guides available to help residents with the application to look at their options. Enrolling by January 15th will start your health insurance coverage on February 1st.

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PROVIDING AFFORDABLE CARE FOR OUR YOUNGEST PATIENTS
Bili Blanket for Neonatal Jaundice

When newborn patients are in danger of developing neonatal jaundice, Mountain Family Health Centers providers have faced a challenging prospect. Since late 2017, treatment has only been available at local hospitals, triggering expensive medical bills. But Mountain Family now has a better option: checking out equipment for parents to use in the comfort of their own home... for free.

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MOUNTAIN FAMILY WINS WEIGH AND WIN AWARD
Voted Top 10 Weigh In Location

Mountain Family Health Centers was chosen by the 102,000 participants in the Weigh and Win program as a top 10 weigh in location. We're happy to have helped so many Coloradans on their journey to their healthiest selves.

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NEW YEAR'S RESOLUTIONS FOR GOOD HEALTH
Stacking the Odds In Your Favor

Winter can be a challenging time if you're trying to improve eating habits or hoping to continue healthier meals. Adding New Year's resolutions to lose weight or make up for holiday overeating can add more stress, creating a vicious cycle. Mountain Family Health Centers primary care physician Dr. Maria Chansky has the following recommendations for patients as we begin 2019.

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MEMORY PROGRAM AVAILABLE IN EL JEBEL THIS WINTER
Offered by Boost Your Brain Power & Eagle County

The brain health program Boost Your Brain Power is offering memory classes this winter in partnership with the Eagle County Healthy Aging program.

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JANUARY 2019 MARIPOSA AWARD
Congratulations to Our IT Team

Congratulations to our powerhouse IT team, who have won the January Mariposa Award! The team includes Cheryl Fiscus, I.T Support Technician; Derek Sell, SQL Data Analyst; Jim Jones, Systems Administrator; Neil De Guzman, Hardware Administrator; Mary Jo Schreiner, EHR Specialist; IT Director Fred Frederick. The IT team was nominated by the Rifle and Edwards health centers for assistance during a recent upgrade. The team also worked around the clock to prepare the new Basalt Integrated Health Center for our grand opening this week. Thank you for your hard work, IT team.

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JANUARY 2019 EXEMPLARY CARE AWARD
Congratulations to Matt King

The winner of the January 2019 Exemplary Care Award is Behavioral Health Provider Matthew "Matt" King. Matt was nominated by Glenwood Springs and Edwards Site Medical Director Jenny Lang, FNP.

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