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HEALTH
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HEALTH INSURANCE ENROLLMENT ASSISTANCE AVAILABLE

Health Coverage Guides Providing Help by Phone & at Events

Mountain Family Health Centers' Health Coverage Guides are prepared to assist residents who need to enroll and apply for financial help during open enrollment. Residents have until Saturday, December 15th, [to enroll in health insurance coverage](#) that starts January 1st, 2019. It is possible to sign up between December 15th and January 15th, though insurance coverage chosen during that window will become effective February 1st, 2019.

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VIDEO: THE IMPORTANCE OF INTEGRATED CARE

Siouxanne Mease, Registered Nurse & Rifle Clinic Manager

Mountain Family Health Centers' Siouxanne Mease, Registered Nurse and Rifle Clinic Manager, recently spoke about the benefits of integrated care.



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PUBLIC CHARGE CHANGES WOULD MAKE ACCESS TO HEALTH CARE MORE DIFFICULT

Submit Comments by December 10th

By Danyelle Carlson, Advocacy Coordinator

Mountain Family Health Centers cares deeply about the health of all families and communities, and we are committed to advocating for everyone's right to access quality health care services. Mountain Family is running a comment campaign to address proposed changes to Public Charge regulations. Public charge is a term used to describe the use of public benefits like Medicaid, housing, and food assistance by people who are immigrating to the United States.

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MOUNTAIN FAMILY RECEIVES SUPPORT FOR INNOVATIVE APPROACH TO TREATING OPIOID USE DISORDER

Implementing Medically Assisted Treatment (MAT)

Mountain Family Health Centers is thrilled [to receive grant-funded assistance](#) for implementing an innovative approach to treating opioid use disorder (OUD). Led by Oyen Hoffman, Behavioral Health Provider and Substance Abuse Program Supervisor, Mountain Family has noted that many of our behavioral health patients also struggle with opioid use disorder. In order to be effective, treatment needs to address opioid use as well as behavioral health issues.

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KAISER PERMANENTE OFFERS RADIOLOGY TO UNINSURED THROUGH MOUNTAIN FAMILY

Immediate Services Provided in Eagle County

By Garry Schalla, Development Director

Kaiser Permanente in Edwards is now providing radiological services to Mountain Family Health Centers patients who do not have the means to pay for them. "Living in this community, we know the unique needs that exist," says Kaiser Permanente Internal Medicine provider Dr. Jeannine Benson, MD. "We are so honored to provide these services while serving the community together with Mountain Family Health Centers. Our collective work offering these services to the uninsured elevates community wellness and Kaiser Permanente's commitment to Eagle County."

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ALPINE BANK FEATURES MOUNTAIN FAMILY IN FALL NEWSLETTER

Golf Tournament Raised Funds for New Basalt Integrated Health Center

Mountain Family was featured in the Alpine Bank fall newsletter, and appreciates Alpine Bank's support of our new Basalt Integrated Health Center with a recent golf tournament. To read the recent newsletter story, [click here](#).



VASECTOMIES OFFERED THIS HOLIDAY SEASON

Make Your Appointment Now

By Mountain Family Health Centers & Dr. Chris Tonozzi, MD

Mountain Family Health Centers is offering vasectomies this holiday season. If you think a vasectomy is right for you, call us at 970-945-2840 to schedule your consult. During that appointment we will choose a date to do the surgery.

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MOUNTAIN FAMILY & CENTER FOR HEALTH PROGRESS: WAITING FOR HEALTH EQUITY

Striving to Ensure Health Care Works for All Coloradans

Mountain Family Health Centers, in collaboration with Center for Health Progress, was pleased to present a workshop Waiting for Health Equity on November 1st and November 2nd. These 90-minute workshops were presented in Carbondale and Edwards.



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WEIGH AND WIN HEALTHY HOLIDAYS CHALLENGE

Complete Your Pre-Holiday Weigh-In Before November 21

By Devon Spaulding, HR Generalist

On average, Americans gain one to two pounds every holiday season - which they never lose. Over time, those pounds add up! Let's make this holiday season a healthier one, together. Join the Weigh and Win Healthy Holidays Challenge and enjoy the holidays with balance and maintain your weight this holiday season!

Complete a pre-holiday weigh-in between November 14-21, 2018 and a post-holiday weigh-in between January 1-8, 2019. Maintain your weight within one pound (or lose weight) and you will be entered in to a drawing for (15) \$50 Amazon Gift Cards. For more information and to join: WeighandWin.com/HealthyHolidays.



SHARE YOUR SUPPORT FOR OUR NEW BASALT INTEGRATED HEALTH CENTER

How to Post Your Support on Facebook

By Garry Schalla, Development Director

As we continue fundraising for our Building Health for All: The Basalt Integrated Health Center Campaign, we deeply appreciate your support for expanding medical, dental, and behavioral health services in the Roaring Fork Valley. Please consider sharing your support with friends and family on Facebook. Click here for a handy guide on how to do that easily.

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Mountain Family
HEALTH CENTERS

NOVEMBER 2018 MARIPOSA AWARD

Congratulations to Mayra Sanchez

The winner of the November 2018 Mariposa Award is Mayra Sanchez, Front Desk Supervisor for our Edwards and Rifle health centers. Mayra was nominated by Jenny Lang, Wendy Flottmeyer, and Gary Schreiner. Congratulations, Mayra, and thank you for your hard work.

[More](#)



NOVEMBER 2018 EXEMPLARY CARE AWARD

Congratulations to Dr. Sandy Deveny

The winner of the November 2018 Exemplary Care Award is Dr. Sandy Deveny. She was nominated by Dr. Chris Tonozzi.

[More](#)



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