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1 in 8 Residents in Our Service Area Rely on Mountain Family for Affordable, Accessible Care

Mountain Family Health Centers has been awarded a total of $112,070 for the organization’s dedication to quality improvement by the U.S. Health Resources and Services Administration (HRSA), a division of the federal Bureau of Primary Health Care.
IN THE NEWS: COMMUNITY HEALTH CENTERS CONTRIBUTED ABOUT $1.2 BILLION IN ECONOMIC ACTIVITY IN 2016

Public News Service Covers Community Health Centers Economic Report

Great news! A report by the Colorado Community Health Network shows that Colorado community health centers achieved significant economic impacts in 2016. Public News Service covered the report and included our CEO, Ross Brooks.

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MOUNTAIN FAMILY OFFERS WORKSHOPS WITH CHP’S WAITING FOR HEALTH EQUITY

Striving to Ensure Health Care Works for All Coloradans

By Garry Schalla, Development Director

Mountain Family Health Centers, in collaboration with Center for Health Progress, is pleased to present workshops based on the graphic novel Waiting for Health Equity. These 90-minute workshops will be presented free of charge for up to 40 participants at each location.

To ensure our health care system works for all Coloradans, Mountain Family strives to understand and address the reasons why it does not currently work for everyone. The root causes of the problem are economic, social, and racial injustices embedded in our upbringing and society. These injustices affect the ability of Colorado residents to access health insurance and health care services, as well as safe housing, healthy food, reliable transportation, and other essentials needed for getting and staying healthy. At Mountain Family, our doors have been open to all for forty years, regardless of age, race, religion or financial status. We believe access to affordable health care is a human right, not a privilege.

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DATA DOCTOR: RECEIVING THE FLU VACCINE WILL KEEP YOU AND YOUR KIDS SIGNIFICANTLY HEALTHIER

Recommended for Everyone Older than 6 Months

By Dr. Chris Tonozzi, MD, Director of Data Quality

The season for flu vaccination is upon us. As medical providers, we have lots of discussions with families about influenza “flu” vaccine.

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7 STEPS FOR GOOD MENTAL HEALTH HYGIENE
Regular Habits Make for Better Mental Health
By Oyen Hoffman, Behavioral Health Provider, MA, LMFT, LAC, MAC
Clinical Specialist & Substance Abuse Program Supervisor

Brush your teeth, bathe often, wash your hands, eat healthy meals, and stay hydrated. All good advice, but where is the advice on mental health hygiene?

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IN SUPPORT OF THE HEALTHY COMMUNITY FUND
Mountain Family Supports Ballot Question 1A

Mountain Family Health Centers supports Ballot Question 1A during this fall’s election season.

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VOTER REGISTRATION SUPPORT CONTINUES
Registration Assistance Still Available
By Danyelle Rigli, Advocacy Coordinator

Mountain Family Health Centers is dedicated to community advocacy and voter education and will continue to help provide voter registration information this fall. People who vote are often more likely to be involved in community activities, have lower rates of unemployment and better health outcomes.

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OCTOBER 2018 MARIPOSA AWARD
Congratulations to Rosalyn Negrete

The winner of the October 2018 Mariposa Award is Patient Service Representative Rosalyn Negrete with our Glenwood Springs health center. Rosalyn was nominated by Danyelle Rigli, CFO Annette Franta and CEO Ross Brooks. Congratulations, Rosalyn!

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OCTOBER 2018 EXEMPLARY CARE AWARD
Congratulations to Susan Orcutt

The winner of the October 2018 Exemplary Care Award is Family Nurse Practitioner Susan Orcutt. She was nominated by Behavioral Health Provider Barbra Corcoran and Medical Assistant Addie Vigil.

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CONTACT US AT:
970-945-2840
contact@mountainfamily.org
www.mountainfamily.org

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Mountain Family Health Centers, 1905 Blake Ave., Suite 101, Glenwood Springs, CO 81601

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